



Tel 020 8813 8001 Fax 020 8574 3071 Email info@villiers.ealing.sch.uk

29th January 2021

Dear Parents and Carers,

I hope you and your families have been keeping well and safe.

It is heartening to hear that the National Vaccination Programme for COVID is going really well and with the current restrictions, the transmission rates are slowing down across all areas. However, it is alarming to find out that Southall has the highest rate of COVID in London. I would like to appeal to each and every one of you to please make sure you are following the guidelines for keeping yourself safe by wearing a mask, keeping a safe distance of 2m from others and washing / sanitising your hands regularly. If you or any members of your family display COVID related symptoms or have tested positive, it is absolutely imperative that you self-isolate for at least 10 days. This is the only way we can stop the transmission of the virus until everyone has been vaccinated. Please see attached details of the campaign that Ealing Council are running with a number of other NW London Boroughs

Please take the time to read the very important information below.

- Year 11 virtual Parents' Evening / Into Sixth Form: Year 11 Parents' evening will now be held on Thursday 11th February between 1:30 – 6:00pm and will be held on SchoolCloud. Year 11 parents and students will be receiving a letter from the Headteacher with further details and details, including the timeline about the process of applying to Sixth Form.
- 2. Reopening of Schools: The Prime Minister spoke this week about the 'road-map' to ending the current national lockdown and the re-opening of schools. He said that the Government will review where things are nationally around mid-February and make an announcement on February 22nd as to whether some lockdown restrictions can start to be lifted. He said, quote: 'We hope it will therefore be safe to begin the reopening of schools from Monday, March 8th'. The key word here is 'hope'. Hopefully by March 8th the rate of infection and numbers in hospital will have reduced significantly and therefore the Government will be able to start easing restrictions and opening schools and colleges. We do not know how and what this will look like. So, for now we will carry on delivering all our provision online either side of the Half Term break.

Please note that school will be closed from Monday February 15th to Friday February 19th inclusive for the half term break and there will be no online lessons during this period.

3. Wellbeing: The link below gives information about various things your child can do to try to improve their mood and mental health. <u>https://www.annafreud.org/on-my-mind/self-care/</u> They also have a really great section on helping young people make informed choices about their health and wellbeing. <u>https://www.annafreud.org/on-my-mind/</u> *Counselling service- sessions available.*: You can also contact the school counsellor to see if you can access some additional support, her email address is <u>Gnoel@villiers.ealing.sch.uk</u>. She is available to help with a number of issues.



The Award for MAKING A DIFFERENCE -ECONDARY SCHOOL OF THE YEAR











Boyd Avenue, Southall, Middlesex UB1 3BT Tel 020 8813 8001 Fax 020 8574 3071 Email info@villiers.ealing.sch.uk

If your child or someone they know needs help right now, they should, if possible, try to talk to you, or another trusted adult. If talking to an adult is not possible, the following organisations are available 24 hours a day, 7 days a week:
Childline: https://www.childline.org.uk/get-support/contacting-childline/#:~:text=Call%20us%20on%200800%201111.still%20call%20us%20for%20free.
Samaritans: https://www.samaritans.org/
Police : https://www.net.police.uk/ro/report/ocr/af/how-to-report-a-crime/
NHS: https://www.nhs.uk/conditions/coronavirus-covid-19/social-distancing/using-the-nhs-and-other-health-services/
Additional help (Helplines are not 24 hour/day)
Papyrus: https://www.papyrus-uk.org/
Young Minds: https://youngminds.org.uk/

Place2Be's Children's Mental health Week:



Next week we will be celebrating Place2Be's Children's Mental Health Week. There will be posters, assemblies and activities in next week's bulletin, so watch this space.

The school Counsellor: The school Counsellor is available 5 days a week. On Mondays and Tuesdays, she will be on school site offering face-to-face counselling sessions for students, by appointment only (social distancing and face coverings will be worn at all times). For the rest of the week, telephone, email and virtual video sessions are available by appointment only for **staff and students**. If you wish to speak to our school Counsellor, please email her on <u>GNoel@villiers.ealing.sch.uk</u>.

4. Free School Meals vouchers: Any families in receipt of Free School Meals will have received details from the school about how the scheme will work and what the process is for claiming vouchers. The vouchers are being issued by an external third party; Edenred. If you have not received any information from the school then we may not have your correct / up to date email information. If this is the case, please email info@villiers.ealing.sch.uk.

If you have any concerns or need to speak to someone, please email info@villiers.ealing.sch.uk .

I hope you have a good weekend and stay safe, healthy and positive.

Kindest regards.

Aruna Sharma Head Teacher

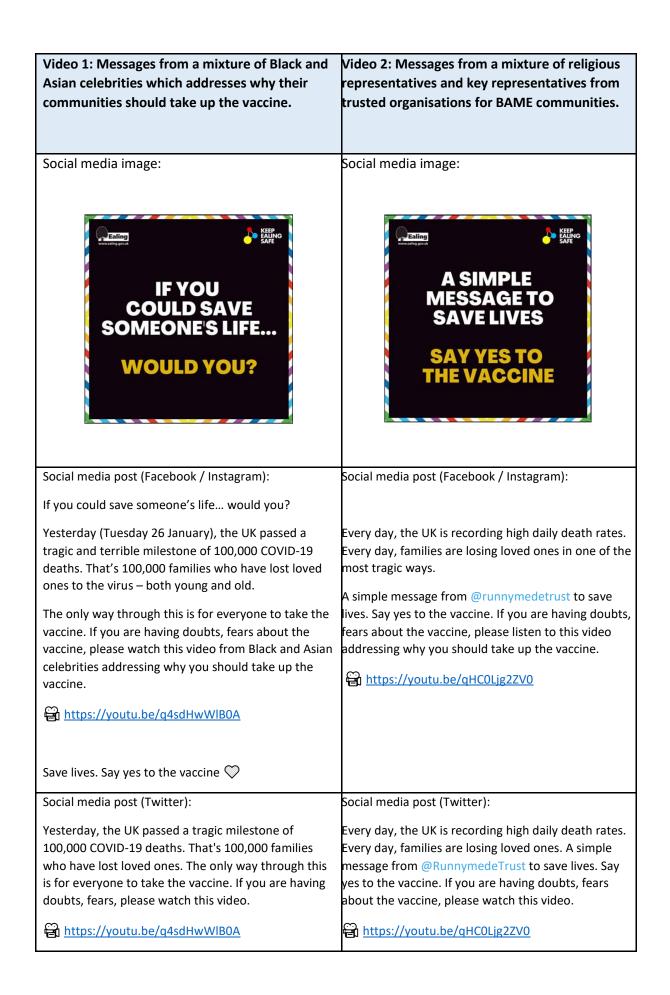














Message:

Southall now has the highest Covid rate in London. More Asian people are dying of Covid than almost any other group. Please stay home and save lives. If you must leave home for work or the shops, please wear a face covering, wash your hands and keep your distance.

Don't bring Covid home to your family.

Social media image 2:



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