



Email info@villiers.ealing.sch.uk

30<sup>th</sup> April, 2020

Dear Parent/Carer,

## **RE: Staying Safe during COVID-19**

Hope you and your families are keeping well and safe. Thank you for your support in ensuring that your children are continuing to learn at home. If your child has forgotten their log in details or needs any help, please contact the school by emailing <u>info@villiers.ealing.sch.uk</u> for any support. A trained Designated Safeguarding Lead (DSL) will be on the school premises to offer guidance. We can also forward your emails to relevant teachers.

Every child deserves to continue to have a safe and secure home. If you are experiencing personal difficulties or facing circumstances that may make you feel unsafe then please seek help immediately. If you are worried about contracting the virus - the NHS website can give you advice around this. In this lockdown situation, if you or a family member are in immediate danger then do not hesitate to call the Police on 999.

If you are not in immediate danger, the following numbers might be helpful:

- Freephone 24h National Domestic Abuse Helpline: 0808 2000 247
- NSPCC: 0808 800 5000 or email <u>help@nspcc.org.uk</u>
- LGBT+ Domestic Abuse Helpline: 0800 999 5428 <u>help@galop.org.uk</u>
- Karma Nirvana, UK Helpline for 'honour'- based abuse and forced marriage: 0800 5999 247

Here is a useful guide for accessing information online and when accessing these sites, you may need to delete your browser history or use 'private browsing' as a way to hide your searches:

- SafeLives guide to staying safe online
- Women's Aid guide to private browsing
- Guide to technology safety
- Making a safety plan, Women's Aid
- The Survivor's Handbook, Women's Aid
- Guidance on economic abuse during COVID-19, Surviving Economic Abuse
- Karma Nirvana
- Chayn Live chats and survivor forums
- Women's Aid Survivors Forum
- Women's Aid Live Chat
- Victim Support Live Chat

The Samaritans can also be a source of support to you, if you are feeling low and would like to talk to someone. They are a non-judgemental listening service that will not give advice or pressure you in any way.











Email info@villiers.ealing.sch.uk

We are here to support you and your child in any way we can. We will keep you informed of any changes to the opening of school and will inform you of the arrangement as soon as possible. Please email any issues or concerns to <u>info@villiers.ealing.sch.uk</u>

Please also note that school remains open for children of key workers and those who have special educational needs but will not be open on Bank Holiday Friday 8<sup>th</sup> May.

Yours sincerely

agharma

Ms Aruna Sharma Headteacher





